

Is this YOU?

- * Between 18-24
- * Interested in cooking as a career
- * Out of school and ready for full-time training
- * Have Grade 12 diploma or equivalent

Note: Grade 12 English required and Grade 12 Math recommended (or equivalent)

Join OUR

COOK Pre-Apprenticeship Program

Career opportunities for trained cooks and chefs are excellent and growing
Apprenticeship combines training with on-the-job experience



Program starts **March 2010** at **Humber College**
in partnership with **MicroSkills** and **YMCA of Greater Toronto**



Information Sessions to be held at:

MicroSkills 1 Vulcan St. Rexdale www.microskills.ca

YMCA, Albion Mall, 1530 Albion Rd. Rexdale
www.rexdaleyouth.org

CONTACT Nadine at 416-434-3274 or nwhitby@microskills.ca
for sessions and program info

OR EMAIL Michael at michael.harbour@humber.ca for
program info



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